



GOAL SETTING

REFLECTION QUESTIONS

- What makes this goal exciting for you?
- What could be challenging while working towards your goal?
- How will completing this goal have a positive impact on your year?
- What will you add to your portfolio while working towards your goal?
- What do you need from others to help you reach your goal?
- What is going well? What is challenging?
- How will you know that you have achieved your goal?
- How will you celebrate goal milestones? Goal completion?
- Who have you shared this goal with? Why did you choose this person?
- What did you learn about yourself while completing your goal?

